

Rectal Examination Trainer User Guide



For more skills training products visit

www.limbsandthings.com

Rectal Examination Trainer

Part No: **60100**

A realistic representation of the buttocks, anus and rectum allowing for the practice of diagnostic skills associated with rectal examination.

This product replaces the Diagnostic Prostate Trainer. As well as improving the overall look and feel of the model, an additional perineum has been included which contains 2 rectal pathologies.

Skills

- Digital examination of prostate
- Digital rectal examination
- Proctoscope insertion and use

Features

- Two interchangeable perineums:
 - Normal for prostate examination
 - Pathology featuring polyp & carcinoma
- Five interchangeable prostates:
 - normal
 - bilateral benign - unilateral benign
 - bilateral carcinoma - unilateral carcinoma
- Carcinomas of prostates are hard to the touch
- When in use the prostate is hidden and cannot be seen by the trainee
- Prostates can be easily and quickly changed
- Palpable sacrum
- Realistic sphincter tone
- Silicone oil is supplied as an easy-to-use lubricant

Package supplied

- 1 **Rectal Examination Perineum - Normal** Part No: **60110**
- 1 **Rectal Examination Perineum - Pathology** Part No: **60111**
- 1 **Rectal Examination Prostates (Set of 5)** Part No: **60105**
- 1 **Silicone Oil (50ml)** Part No: **50180**
- 1 base
- Carry case

Parts list

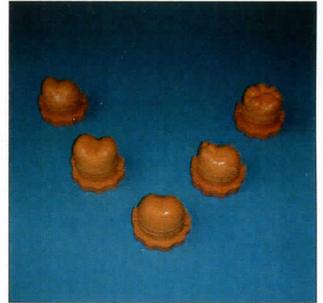


Buttocks



**Rectal Examination
Perineum**

Part No: **60110 / 60111**

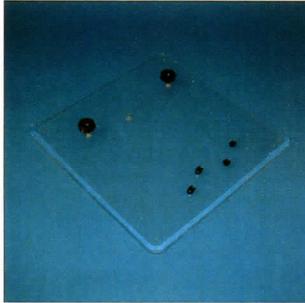


**Rectal Examination
Prostates (Set of 5)**

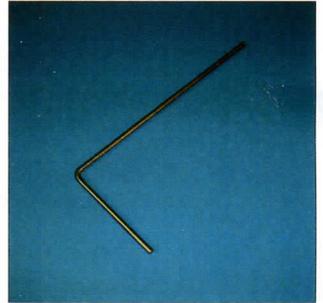
Part No: **60105**



Frame



Base plate



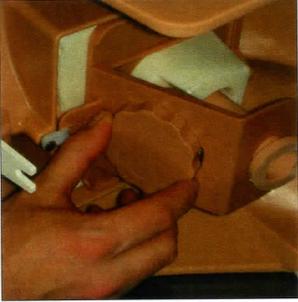
Support



Foam insert

Changing the Prostate

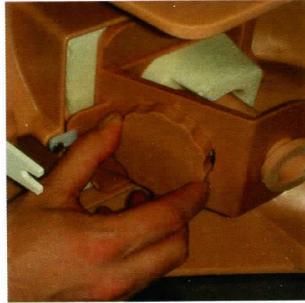
1



To unlock a Prostate turn it 90° in an anticlockwise direction.

Pull to remove it.

2



To attach a Prostate ensure it is lined up correctly (the name on the Prostate should be on the underside). It will only fit in the hole in the Frame one way due to the lugs being different sizes.

Insert Prostate and rotate it 90° in a clockwise direction until it locks securely into position.

Changing the Perineum

1



Squeeze the end of the bowel together.

Push the end of the bowel through the hole in the Frame.

2



Depress and turn the white retaining clip to release the Frame.

Remove the Frame.

3



Support the Perineum by holding the white foam in one hand, and then push the Perineum out with your other hand from the other side.

Remember to refit the Perineum in the orientation shown.



Changing the examination position

1



The Trainer is supplied in the left lateral examination position.

To change to the 'patient bent over' position, first release the metal Support and lay it down flat.

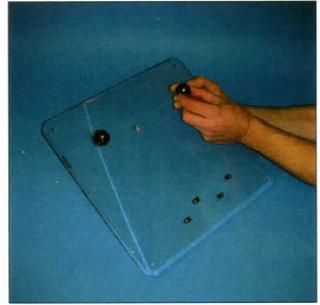
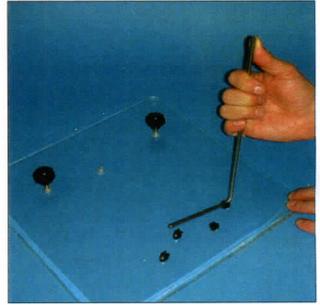
2



Loosen both of the black turn knobs that attach the Buttocks to the Base Plate.

Slide the Buttocks away.

3



Remove the Support.

Unscrew the right hand black turn knob.

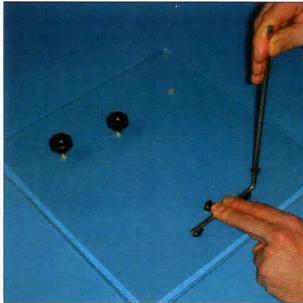
4



To ease removal, hold the screw in place from underneath the Base Plate.

Reposition the screw in the centre hole of the Base Plate. (The other black turn knob is not used but should be left in position so that it does not get lost.)

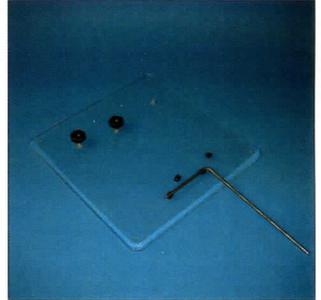
5



Hold the screw in position and reattach the black turn knob.

Push the Support into the clips marked 'Position 2' on the Base Plate.

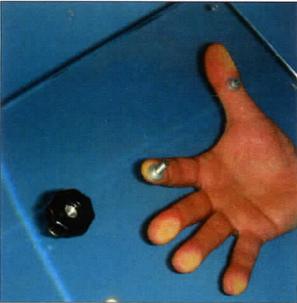
6



Lay the Support down flat.

Rotate the model by 90° so that the edge with only one set of prongs is in line with the Base Plate.

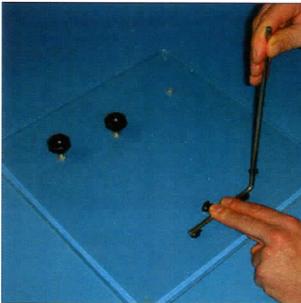
4



To ease removal, hold the screw in place from underneath the Base Plate.

Reposition the screw in the centre hole of the Base Plate. (The other black turn knob is not used but should be left in position so that it does not get lost.)

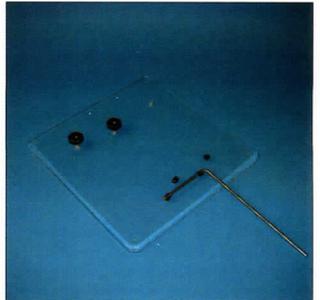
5



Hold the screw in position and reattach the black turn knob.

Push the Support into the clips marked 'Position 2' on the Base Plate.

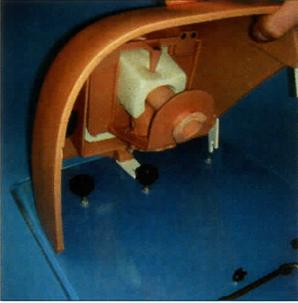
6



Lay the Support down flat.

Rotate the model by 90° so that the edge with only one set of prongs is in line with the Base Plate.

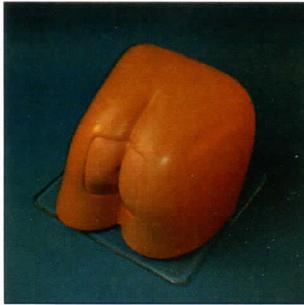
7



Line up the prongs with the black turn knob.

Push the Buttocks onto the base plate until the prongs are fully protruding past the black turn knob. Tighten the knob.

8



Reattach the Support.

The model is now ready for use.



Designed and manufactured by Limbs & Things Limited,
Sussex Street, St. Philips, Bristol, BS2 0RA, UK.
Telephone: +44 (0)117 311 0500 Fax: +44 (0)117 311 0501
sales@limbsandthings.com www.limbsandthings.com

Issue 1, March 2006
© 2006 Limbs & Things